

Dr. Nathalie Kuroiwa-Lewis,
Poetry and Healing resources (in-progress)
Fall, 2023

Resources

*Clifton, Lucille. *The collected poems of Lucille Clifton: 1965-2010*. BOA editions, 2012.

*Fox, John. *Poetic medicine: the healing art of poem-making*. Jeremy P. Tarcher/Putnam, 1997.

Keillor, Garrison, editor. *Good poems for hard times*. Penguin Books, 2005.

Hugo, Richard. *The Triggering town*. Norton, W.W & Co., 1992.

*Kooser, Ted. *The poetry home repair manual: practical advice for beginning poets*. Bison books, 2007.

Laux, Dorianne and Kim Addonizio. *The poet's companion: a guide to the pleasures of writing poetry*. Norton, W.W & Co., 1997.

Lockward, Diane. *The crafty poet: a portable workshop*. Terrapin Books, 2016.

Oliver, Mary. *A poetry handbook*. HarperCollins, 1994.

*---. *Devotions*. Penguin Books, 2017.

*Orr, Gregory. *Poetry as survival*. The University of Georgia P, 2002.

Roethke, Ted. *On poetry and craft*. Copper Canyon P, 2001.

Rukeyser, Muriel. *The life of poetry*. Paris P, 1996.

*Sieghart, William, editor. *The poetry remedy: prescriptions for the heart, mind, and soul*. Viking, 2017.

*Young, Kevin, editor. *The art of losing: poems of grief and healing*. Bloomsbury 2010.

Websites

*Institute for poetic medicine: <https://poeticmedicine.org/>

Poetry foundation. “Poems of sorrow and grieving”:
<https://www.poetryfoundation.org/articles/68559/poems-of-sorrow-and-grieving>

Local organizations/festivals:

Olympia Poetry Network: <https://www.olympiapoetrynetwork.org/about.html>

Portland Book festival: <https://pdxbookfest.org/>